

THE ROLE OF ISLAMIC EDUCATION IN MINIMIZING LACK OF DISCIPLINE BEHAVIOR FOR STUDENTS

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Abstract

The research entitled "The Role of Islamic Education in Minimizing Undisciplined Behavior for Students" aims to 1) To know and understand the meaning and causes of undisciplined behavior, 2) To know and understand the efforts of schools and teachers in dealing with undisciplined behavior, and 3) To know and understand Islamic views on undisciplined behavior. This research uses literature study techniques from various existing studies in which researchers explain the role of Islamic education in minimizing undisciplined behavior for students. Literature study is an activity to search for some theories from several references that are relevant to the topic of discussion or problem that the author has found. The results in this research are; 1) Undisciplined behavior is behavior that violates disciplinary rules. And the causes of undisciplined behavior at school are divided into two groups, namely: a) Internal factors, namely factors that arise from the individual himself. In this case, both teachers and students. And b) External factors, namely factors that arise from community support or the situation and conditions of the school. 2) One way that the school can help students to improve discipline at school is by formulating and implementing a personal guidance program. And 3) Discipline is very important in Islamic teachings. It can even be said that Islam is a disciplined religion. Almost all religious services in Islam contain elements of teaching and disciplinary training.

Keywords: Islamic Education, Lack of Discipline Behavior

INTRODUCTION

Discipline is behavior that is the result of mutual thought and agreement, where an element of voluntariness and self-awareness is required. This means the willingness and ability to behave according to existing rules without coercion regardless of age, including for children. With the existence of disciplinary rules, children will be able

to understand that the purpose of discipline is for a better life, because discipline is related to patterns of behavior and development.

Furthermore, in Law of the Republic of Indonesia number 20 of 2003 concerning the national education system, article 3 states the aim of national education, namely to form people who are religious, knowledgeable, have ethics and

character. In essence, education is a conscious effort to develop a person's personality and abilities which is carried out through both formal and non-formal educational channels. Through education, humans can change their behavior and develop their abilities to create a good life in the future.

Discipline is a guidance process aimed at instilling certain behavioral patterns, certain habits or forming humans with certain characteristics. Especially those that improve mental and moral quality, the essence of discipline is getting children used to doing things in accordance with the rules in their environment. Discipline can include teaching, guidance or encouragement that parents provide to their children. Applying discipline to children aims to ensure that children learn as social beings. At the same time, so that children achieve optimal growth and development, it cannot be denied that there will always be deviant behavior carried out by children because each child has its own strengths and weaknesses. There are many behaviors that occur in children (students), one example is behavior in learning discipline. A student's learning success is closely related to discipline.

Based on the explanation above, the author is interested in discussing "The Role of Islamic Education in Minimizing Lack of Discipline Behavior for Students". which will be discussed

in relation to; a) What is meant by undisciplined behavior and what are the causes of undisciplined behavior, b) What are the efforts of teachers and schools in dealing with undisciplined behavior, and c) What is the Islamic view of undisciplined behavior, with the aim of 1) To find out and understand the meaning and causes of undisciplined behavior, 2) To know and understand the efforts of schools and teachers in dealing with undisciplined behavior, and 3) To know and understand the Islamic view of undisciplined behavior.

RESEARCH METHODS

This research uses literature study techniques from various existing studies in which researchers explain the role of Islamic education in minimizing undisciplined behavior for students. Literature study is an activity to search for some theories from several references that are relevant to the topic of discussion or problem that the author has found. Researchers use secondary data, which means supporting data used comes from literature and existing references. The reference in question can be through books, journals, research report articles or various sites on the internet. The purpose of the literature study is to strengthen the problems found as a theoretical basis for conducting the study. Researchers carry out data analysis by collecting data and information regarding the topics of

discussion that are found as completely as possible and selecting data that is only appropriate to the context being researched which will be used as the research conclusion.

DISCUSSION

Understanding and Causes of Undisciplined Behavior

Undisciplined behavior is behavior that violates disciplinary rules. Discipline comes from the Latin word "Discare" which means learning. From these words comes the word "Disciplina" which means training or teaching (Santi, et al, 2001: 1). So in general, disciplinary behavior can be defined as something related to a person's self-control over forms of rules (Afriza, 2014: 85). Meanwhile, the definition of class discipline is a state of order in a class in which teachers and students adhere to the rules that have been determined or mutually agreed upon (Afriza, 2014: 85). So, undisciplined behavior can be interpreted as someone's attitude or control that cannot be controlled or it can also be said to be disobedient to the rules and disorganized.

Disciplinary behavior can be realized because of encouragement from within a person or from within himself. A disciplined lifestyle can certainly last if you get used to it. So, someone who does not get used to disciplined behavior may not have

encouragement from within or encouragement from outside.

This undisciplined behavior certainly affects students in their lives as students. Students who are not disciplined will always have problems with the school, homeroom teacher, and even with subject teachers. In essence, undisciplined behavior can affect students in adapting to school demands. What is even more worrying is that if this undisciplined behavior continues and is allowed to occur, it will affect students in their efforts to adapt to society (Sri wahyuni Adiningtyas, 2017: 57-58).

So, it can be concluded that the source of undisciplined behavior comes from two factors, namely (Sri wahyuni Adiningtyas, 2017: 17):

- a. Internal factors, namely factors that arise from the individual himself. In this case, both teachers and students.
- b. External factors, namely factors that arise from community support or the situation and conditions of the school.

Examples of undisciplined behavior commonly carried out by students at school which can affect other students are:

- a. Coming to school not on time or late
- b. Didn't attend the ceremony because it was late
- c. Not wearing complete school attributes
- d. Not doing school work

- e. Having conversations in class that disturb the peace of learning
- f. Smoking at school
- g. Singing in class while sitting on the table
- h. Skip class by going to the cafeteria
- i. Withdraw or run away from school with a friend
- j. Hair coloring, etc;

These undisciplined treatments could be due to not fulfilling the needs or rights as students, it could also be all treatments that violate discipline, namely the influence of the environment or brought about by bad environmental behavior..

Dunham (in Ehiena 2014: 181) effective discipline helps students achieve goals, expectations and responsibilities. So discipline helps students to achieve their goals, students' goals in learning are to achieve satisfactory learning outcomes. Apart from that, discipline plays an important role in forming responsible individuals. Discipline plays an important role in every individual, even important for a student. Students need to have a disciplined attitude at school and even in studying. Tu'u (2008: 37) discipline is important for the following reasons (Hilmi Mubarak Putra, 2020: 97-104):

- a. With discipline that arises from self-awareness, students are successful in their learning. On the other hand, students who frequently violate school regulations are generally hampered

from optimizing their potential and achievements.

- b. Without good discipline, the school and classroom atmosphere will be less conducive to learning activities. Positively, discipline provides support for the learning process.
- c. Parents always hope that at school their children will be familiarized with norms, life values and discipline. In this way, children can become orderly, orderly and disciplined individuals.
- d. Discipline is a way for students to be successful in studying and later when working. Awareness of the importance of norms, rules, compliance and compliance is a prerequisite for a person's success.

School Efforts to Overcome Undisciplined Behavior

Schools have an important role in managing student discipline and are responsible for this behavior. In order for students to have disciplined behavior according to expectations, schools must have rules or norms that can shape it. School discipline is an effort to shape students' disciplinary behavior. School discipline behavior is defined as the school's efforts to maintain student behavior so that it does not deviate and can encourage them to behave in accordance with the norms, regulations and rules that apply at school (Akhmad Sudrajat, 2008: 26).

One way that schools can help students improve discipline at school is by formulating and implementing a personal guidance program. The program is a material for consideration or reference for supervising teachers in overcoming students' problems, especially regarding discipline. The guidance that is felt to be appropriate to help students have good discipline is personal guidance. This personal guidance is more directed at strengthening the personality and developing the individual's ability to handle his or her problems.

Apart from that, there are various other ways that schools can take to deal with disciplinary violations, namely (Imam Gunawan, 2019: 303):

Introduction to students

This factor can be carried out by the teacher, the better the teacher knows the students, the more likely the teacher is to prevent disciplinary violations. On the other hand, if students feel that they are not cared for by the teacher, this will cause the student to violate school discipline. Basically, every student has the power and energy to control themselves, students who are not noticed by their parents or teachers are less able to control themselves, usually have less respect for others.

Take corrective action

Corrective action is corrective action that is appropriate and immediately carried out in class

discipline which is very necessary, the action dimension is an activity that should be carried out by the teacher if a disciplinary violation occurs, the teacher concerned is required to do something to stop the student's actions as precisely as possible, the teacher must also remind about class discipline.

Several corrections have been made to deal with disciplinary violations (Imam Gunawan, 2019: 321):

1. Take action and not lecture. If a student commits a violation, the teacher should take action and not lecture which will make the student confused.
2. Don't haggle. If a violation occurs by a student and involves or blames other students, the teacher should immediately stop the deviation between them, this is not the time for the teacher to look for and discuss who is right and who is wrong, once again immediately stop the deviation in student behavior with action.
3. Use work controls. The teacher's task is to control student treatment and carry out social control.
4. State the rules and consequences. If a student violates the school's rules and regulations, communicate again what the rules are, clearly and state the consequences if the rules that have been made and agreed upon are violated. The consequences are carried out in

stages starting from warnings, reprimands, marking violations, being told to go to the principal or reporting to their parents about the violations they have committed. Melakukan tindakan penyembuhan

Violations that have already been committed by a student or a number of students need to be addressed with healing actions, both individually and as a group. The steps that can be taken in healing are (Imam Gunawan, 2019: 219):

The steps that can be taken in healing are (Imam Gunawan, 2019: 219):

- a. Identify students who have difficulty accepting and following the rules or accepting the consequences of violations.
- b. Make the most appropriate plan regarding the steps that will be taken in entering into a contract with this kind of student.
- c. Show students that teachers are not perfect and free from mistakes and weaknesses, but it is important to remind each other and improve themselves..

Another concept in preventing disruption of class discipline can be done in several ways, namely (Imam Gunawan, 2019: 29):

- a. Interesting presentation. Teachers must look for methods of presenting material in an interesting way so that students do not get bored easily and commit

offenses in class.

- b. Attractive appearance. Teachers are role models and models for students. Therefore, when speaking, dressing and behaving must be maintained properly.
- c. Accuracy in handling problems. Taking action to overcome a problem may please one party but may be detrimental to the other party. Therefore, accuracy in handling problems is very necessary.
- d. Learn from mistakes. Teachers who have been teaching for a long time will probably find many lessons and realize that there are many positive, effective things, but there are also things that are less effective in dealing with discipline problems. The teacher's readiness in teaching influences the upholding of discipline, conversely, if a teacher is not prepared, disciplinary disturbances will arise.
- e. Use of punishment. Educators do not agree that any deviant behavior should be left alone, actions that try to enforce discipline are necessary, sometimes schools are not appropriate in taking punishments, so schools must be wise in taking punishments.

In the stages of handling that have been mentioned, educators should prepare themselves to deal with any violations committed by students. Readiness in dealing with violations of rules and regulations can

be seen from the readiness of educators in teaching. After the response stage has been taken, the teacher cannot be separated from reminding students to avoid disciplinary violations.

Undisciplined Behavior According to Islamic Views

All religions can be said to place great emphasis on discipline for each of their adherents. Even discipline, for example, is an integral part of the validity of religious worship, which in turn is a pillar of religion itself. In other words, without fulfilling the established discipline and religious laws, the worship carried out by every religious follower will be invalid and even in vain. Discipline is very important in Islamic teachings. It can even be said that Islam is a disciplined religion. Almost all Islamic worship contains elements of teaching and disciplinary training. The obligation to perform prayers with certain conditions, pillars or procedures clearly contains lessons and disciplined training. Likewise, fasting must be done in a disciplined manner. Fasting will increase the soul's control, both in its relationships with fellow humans and with God. Therefore, fasting will improve overall social discipline (Tu'u, Tulus, 2004: 227).

Mahmud Yunus in his book "at Tarbiyah wa Ta'lim" says: "Discipline is the power instilled by educators to instill a spirit of behavior in students'

personalities and form habits in themselves, submitting and truly obeying the rules which is in accordance with the real principles of education, namely the core that is carried out in every school activity".

Rasulullah Sallallahu 'Alaihi Wasallam in his words:

عن أبي هريرة رضي الله عنه, قال: قال رسول الله صلى الله عليه وسلم: من حسن إسلام المرء تركه ما لا يعنيه.

Meaning: "From Abu huroiroh Radhiyallahu 'Anhu, he said, "Rasulullah Shallallahu 'Alaihi Wa Sallam said, "One of the (signs of) a person's good Islam is to abandon what is not beneficial to him" (H.R. At-Tirmidzi (No.2317), Ibnu Majah (No.3976).

The meaning of abandoning what is not useful is abandoning everything that is not important and has nothing to do with one's needs and affairs. People who often do things that are not useful, their Islam is not good, such as talking a lot about useless things, meddling in useless matters. A Muslim should pursue goodness by abandoning anything that is useless and useless, because it will be a waste of energy and time (Muhammad bin Shalih Al-Utsaimin, 2012: 208).

Allah says in surah Al -'Asr about time and that is a sign that time is very valuable.

والعصر (١)

"For the sake of time (Asr time). (Q.S Al- 'Asr, 1)

In Ibn Kathir's tafsir, it is explained that al-'asr is a time during

which the Bani Adam had many activities, including good and bad activities (Abul Fida' Isma'il Bin Umar Bin Katsir Al-Qurosyi Al-Bashari, 1999: 601).

KESIMPULAN

Based on the explanation above, the author concludes several things, namely:

1. Undisciplined behavior is behavior that violates disciplinary rules. And the causes of undisciplined behavior at school are divided into two groups, namely: a) Internal factors, namely factors that arise from the individual himself. In this case, both teachers and students. And b) External factors, namely factors that arise from community support or the situation and conditions of the school.
2. One way that the school can help students to improve discipline at school is by formulating and implementing a personal guidance program. The program is a material for consideration or reference for supervising teachers in overcoming student problems, especially regarding discipline. The guidance that is felt to be appropriate to help students have good discipline is personal guidance. This personal guidance is more directed at strengthening the personality and developing the individual's ability to handle his or her problems.
3. Discipline is very important in Islamic teachings. It can even be said that Islam is a disciplined religion. Almost all religious services in Islam contain elements of teaching and disciplinary training. The obligation to perform prayers with certain conditions, pillars or procedures clearly contains teaching and disciplinary training. Like fasting, it must be done in a disciplined manner. Fasting will increase the soul's control, both in relation to fellow humans and God. Therefore, fasting will improve overall social discipline. Another example that Islam is a religion that emphasizes discipline is prayer. Prayers in Islam must be done on time. And there are many other examples. It is clear that Islam is a religion that really emphasizes discipline.

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